

2025 HSA and HDHP Limits Increased



Type of Limit		2024	2025	Change
HSA Contribution Limit	Self-only	\$4,150	\$4,300	Up \$150
	Family	\$8,300	\$8,550	Up \$250
HSA Catch-up Contributions <i>(not subject to adjustment for inflation)</i>	Age 55 or older	\$1,000	\$1,000	No Change
HDHP Minimum Deductible	Self-only	\$1,600	\$1,650	Up \$50
	Family	\$3,200	\$3,300	Up \$100
HDHP Maximum Out-of-Pocket Expense Limit <i>(deductibles, copayments, other amounts, but not premiums)</i>	Self-only	\$8,050	\$8,300	Up \$250
	Family	\$16,100	\$16,600	Up \$500

This information is being provided as a convenience and for informational purposes only. Contribution limits were accurate as of May 2024. To verify limits, go to www.IRS.gov.