






How to Know if You Need a Billing Advocate

Don't let medical bills take over your life. Help is available.

Health insurance and medical bills are both hard to understand, and they're definitely not fun. But, sometimes, life catches up to us. And in those moments, complicated medical bills and Explanations of Benefits (EOBs) can get overwhelming.

You don't have to handle these hassles on your own. Contact a billing advocate to clear up your confusion and to help you make the best decisions possible.

So, how do you know when you need a billing advocate? Here are a couple of signs. Contact a billing advocate if:

-  You can't understand your medical bills, or the explanations from your provider don't make sense to you.
-  Your health insurance plan is denying your claims and their reason doesn't feel quite right.
-  You're overwhelmed with impossibly high medical bills and you're facing bankruptcy.
-  The illness that you've been receiving treatment for has progressed to a point where you can no longer handle the volume of paperwork on your own.
-  You're managing a large volume of medical bills of an elderly parent, or a sick relative, and can no longer maintain a sense of normalcy in your private life.



When considering hiring a billing advocate, ask yourself: What is your time and sanity worth to you? How much stress are you willing to bear until it takes over your life?

It's important to remember there is a fee associated with hiring a billing advocate. Make sure to ask how much a billing advocate charges before making a decision.

How to Find a Billing Advocate

There are several organizations that can help you find a billing advocate near you. Some of the more well known organizations are the [National Association of Healthcare Advocacy](#) (NAHAC), [Alliance of Claims Assistance Professionals](#) (ACAP), and [Medliminal](#). Each organization gives you the opportunity to contact a professional advocate who can help you gain control over your medical bills.

Needing healthcare for an illness or injury is bad enough. Hire a billing advocate to take your life back today.

The More You
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