

NEWS BRIEF

Provided by: National Insurance Services

DOL Announces Public Education Campaign to Promote Workplace Mental Health Support

The U.S. Department of Labor (DOL) recently unveiled the Mental Health at Work: What Can I Do? public education campaign, which promotes “mental health-friendly” workplaces.

The DOL launched the campaign to help inform individuals—from entry-level staff to CEOs—about how they can personally promote mental health and foster well-being in their workplaces. Actions include setting a positive tone for inclusivity and being supportive of colleagues.

Mental health is a growing national concern; approximately 1 in 5 U.S. adults reported having a mental health condition during the pandemic, according to the National Alliance on Mental Illness.

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“As America recovers from the COVID-19 pandemic, mental health-friendly workplaces will be more important than ever.”

- ***U.S. Secretary of Labor Marty Walsh***

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The Mental Health at Work: What Can I Do? campaign features a video public service announcement, which will be broadcast nationally on television and radio. The campaign also features other resources for workplaces to use, including

posters, an outreach toolkit and a mental health resource guide.

What’s next?

Mental health continues to be a significant area of concern for both employers and their employees. The DOL’s Mental Health at Work: What Can I Do? campaign provides workplaces with ways to address mental health concerns in a productive way.

Employers interested in learning more about supporting employees with mental health concerns should visit the [DOL campaign’s website](#). The site includes links to download campaign materials and a host of other [employer resources](#).

